

"Attitude of Gratitude," Marc Saccucci, 2/4/16

Attention Leadership: The Secret Power of a Compliment

<http://itzikamiel.com/attention-leadership-the-secret-power-of-a-compliment/>

Real Leadership: The Power of a Compliment

<http://www.incentivemag.com/article.aspx?id=7027>

The Power of a Grateful Leader

<http://switchandshift.com/the-power-of-a-grateful-leader>

For this session, I would like everyone to take action. Please take a few moments to reflect on those you work with and those you supervise/lead. What great things are being done that you have not taken the time to express to those responsible? Take the time to slow down and sincerely compliment someone (or several) in your workplace and observe (take notes if necessary) the power of the compliment. Did this change that person's attitude for the better? How did giving the compliment make you feel? If you are a "Thinker" (not so much "Feeler") like I am, you may be pleasantly surprised. Moreover, your compliments are likely to be unexpected by those they are given to. Note: If you are out of the office, you can select someone outside of work that you appreciate.

When giving sincere compliments or expression of gratitude, try to keep in mind the other side of the compliment -- how it is received. As John discusses in the next video, the receipt of the compliment is nearly as critical for establishing a connection as the compliment itself.

Compliment Experiment: 7 minute video

<http://www.tedxvilnius.com/2014/speakers/John-Bates>

Appreciation and recognition of the values each employee brings to the organization are a strong component of the morale in our workplace. Several of the Federal Employee Viewpoint Survey metrics revolve around that.

65. How satisfied are you with the recognition you receive for doing a good job?

| | N | Positive | Neutral | Negative |
|---|---------|----------|---------|----------|
| Governmentwide | 373,823 | 44.6% | 24.5% | 31.0% |
| Department of Commerce | 9,593 | 56.3% | 22.0% | 21.7% |
| National Oceanic and Atmospheric Administration | 2,149 | 49.8% | 24.8% | 25.4% |

Is leadership paying attention and focusing on the strengths of our workforce, not just on the areas where further development is needed? What can be done to capture and promote the strengths of individuals within the workforce? How could that benefit our organization?

11. My talents are used well in the workplace.

| | N | Positive | Neutral | Negative | DNK |
|---|---------|----------|---------|----------|-------|
| Governmentwide | 377,178 | 56.5% | 17.2% | 26.3% | 1,880 |
| Department of Commerce | 9,570 | 62.0% | 17.5% | 20.5% | 40 |
| National Oceanic and Atmospheric Administration | 2,156 | 57.0% | 18.7% | 24.3% | 3 |

If you don't have enough time to read or watch the aforementioned materials, focus your efforts on recognizing someone. I hope that the compliment(s) you give help make the day brighter.